Catalonia: a healthy country with the best medical facilities

Mediterranean
Barcelona is in the capital of Catalonia, the heart of the Mediterranean, with Catalan and Mediterranean traditions and an amazing heritage. The Romanesque works of Roman and Sóller are important, as is the Castle of Montjuïc. The Gothic Quarter and the Bobo Quarter are also popular. The surroundings of Barcelona are outstanding, with the Balearic Islands and Minorca offering great beauty and panoramic views.

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Barcelona is an incomparable, historic, up-to-the-minute destination bursting with life, a modern cosmopolitan city offering the best health services.

In Catalonia, everything is close at hand and everything is different. Snow and sea. High mountains and the Mediterranean. Farmhouse and seafood cuisine. The stone villages of the Pyrenees, the white villages on the coast and the modern metropolis of Barcelona. A land of diversity and contrasts: ancient and avant-garde, modern and traditional. And always surprising.

Climate
Catalonia is a land of blue skies, bright sunshine, mild winters and springs bursting with flowers and greenery. Barcelona, in its situation by the sea, enjoys an idyllic climate, almost spring-like throughout the year.

Gastronomy
Catalonia boasts the best chefs in the world, the Adrià brothers, the Roca brothers and Carme Ruscallela, who together with other great chefs have earned their restaurants a constellation of Michelin stars. You can find everything from traditional Mediterranean cuisine, with best-quality seafood and vegetables, to the most futuristic avant-garde cuisine.

Shopping
In Barcelona shopping is walking. Beyond the big shopping boulevards, where the top brands mix with the best of Catalan Art Nouveau and Gaudí, Barcelona is a city with a commercial tradition, with all sorts of local stores, alternative and avant-garde outlets, and the usual favourite old shops. You can find anything!

Welcome to Barcelona Medical Destination

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**What is Barcelona?**

Barcelona is a city in Spain known for its vibrant culture, historic architecture, and coastal location. It is the second-largest city in Spain and the capital of the autonomous community of Catalonia.

**Medical Destination**

Barcelona is home to some of the best medical centres in Catalonia and, particularly, in Barcelona. The city is a leading medical destination, attracting international patients and providing advanced medical care.

### Some important milestones

- First complete kidney transplant through the eye in 1975.
- First heart valve replacement through the neck in 1997.
- First orthopaedics and traumatology operation using the SuperPath micro-posterior approach, a minimally invasive surgical technique, 2012.
- Implantation of Argus II device for the first time in Spain, 2005.
- First prenatal cardiac surgery in a child weighing 2.46 kg and 27 weeks of age, 2006.
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